



## 02 - VOCABULARY: STRONG FEELINGS



- 1 - I experienced a **roller coaster of emotions** when my son was born.
- 2 - During my wife's pregnancy, I was **ridiculously excited** about the prospect of becoming a dad.
- 3 - On the big day, I'd imagined that everything would go smoothly and we'd be **blissfully happy**
- 4 - but there were complications during the delivery and my wife had to have emergency surgery while I waited in the reception area, **worried sick**.
- 5 - As time went by, I got **increasingly anxious** because the doctors weren't telling me anything.
- 6 - After two hours I was **seething with anger** and I and shouted at one of the nurses. Then the security guards came and escorted me out of the hospital.
- 7 - My wife was **visibly disappointed** that I wasn't by her side when she woke up from surgery. She didn't say anything – she's not really one to **show her feelings**.
- 8 - She prefers to **bottle up her emotions** – but I knew I had let her down and I was **terribly sorry** that I had **lost my temper**.
- 9 - The months that followed were tough. My wife became **deeply depressed**, and I too was an **emotional wreck** as I tried to juggle the demands of work and family life.
- 10 - But now things are starting to turn around – I've been **pleasantly surprised** at the all help we've gotten from our friends and neighbors.
- 11 - I'm just **immensely grateful** that my wife and son are healthy, and sometimes I'm **overwhelmed with emotion** as I reflect on how lucky we are..